

BONNIE SCHROEDER

TURN BACK THE CLOCKS **DISCUSSION QUESTIONS**

1. Did the book's theme—be careful what you wish for—resonate for you? Have you ever gotten something you thought you really wanted, but then it turned out not to be as wonderful as you expected? What was that like? Did it color your outlook on life?
2. In Diane's place, would you have been excited or scared? Or something else?
3. Do you think our society often tends to devalue older people? When Diane begins to grow younger, the people around her have varying reactions. Whose reaction felt the most realistic?
4. Diane advises her daughter Nancy to try and move past her anger and pain at her husband Nick's affair. Do you agree with this advice, or would you help her find a good divorce attorney?
5. Do you believe it's possible to forgive someone for a betrayal like Steven's or Nick's?
6. What did you think of Nick's character? Do you think it's possible for him to resist temptation in the future, given his career?
7. Should Diane have told her friend Maura about Robert's seduction attempt? What did you think of Maura's reaction? Have you ever lost a friend over something so painful?
8. Diane has been feeling very critical of her husband Steven, but on the night of Victor DeWitt's retirement party, hearing Steven deliver a moving tribute to his friend and mentor, she remembers what a good, kind man he is. Have you ever experienced a similar reversal of your feelings about someone? How did that turn out?
9. Did you agree with Diane's final choice? Why or why not? What would you have done in that situation?
10. The medical community is mostly described in a negative light in this book, with one exception. Do you think this is a fair portrayal? Do you suspect that Dr. Banks attempted to use the mutation for himself?